

## Archive of Individual Chingford League Senior Category Champions

NB Only team awards were made from 1955/6 to 1983/4. Men's senior and vets (V40) individual championships began in 1984/5. Senior women's individual championships began in 1997/8, with other categories being added subsequently (scroll down for details)

Season	Senior Men's Winner	V40 Men's Winner	Senior Women's Winner
1985	S. Poulton EN	D Wilson BA	
1986	A Mason BA	G Harrold EN	
1987	A Mason BA	G Madden	
1988	M Earchy BA	G Harrold EN	
1989	L Mangleshot WG	G Harrold EN	
1990	S Sturridge WA	C Cloke EN	
1991	M Earchy BA	G Harrold EN	
1992	P Duran	G Harrold EN	
1993	D Rose WA	P Hurley OH	
1994	D Rose WA	K Lowe VP	
1995	M Smith HA	D Wilcock BA /T O'Neil VP	
1996	D Rose WA	T O'Neil VP	
1997	P Branston WA	D Wilcock BA	
1998	M Fone EN	D Wilcock BA	V Parry MH
1999	P Northrop EN	D Wilcock BA	V Parry MH
2000	R McCormick BA	R Holland WG	J King MH
2001	A Holt	P Filler OH	H Hoyle BA
2002	K Turner BA	K Turner BA	H Hoyle BA
2003	T Carrick	D Wilcock BA	S McHugh EH
2004	R Gamble BA	R McCormick BA	K Woods BA
2005	R McCormick BA	R McCormick BA	J Studds TP
2006	R McCormick BA	R McCormick BA	J Singer VP
2007	R McCormick BA	R McCormick BA	J Singer VP
2008	A Lashmar VP	E Paul OH	C Thurgood OH
2009	J Stroud OH	R Holland WG	N Kipps OH
2010	D Moses OH	A Kelleher BA	J Singer VP

2011	R McCormick BA	R McCormick BA	N Froud BA
2012	T Stasionis EM	R McCormick BA	A Gounelas EM
2013	T Stasionis EM	R McCormick BA	A Gounelas EM
2014	T Stasionis EM	R McCormick BA	A Gounelas EM
2015	N Sturge TP	S Aiken TP	A Gounelas EM
2016	B Jenkins OH	S Aiken TP	A Gounelas EM
2017	J Cordwell VP	J Cordwell VP	A Gounelas EM
2018	P Grange DA	J Cordwell VP	S Donges VP
2019	E Brown EL	A Baker OH	H Rogerson OH
2020	E Brown EL	A Baker OH	N Sheel LC
2021	M Speed LC	S Fabes VP	N Sheel LC
2022	J Henson ET	G Towers EM	E Jeanes TP

**Women's Vets (V35, from 2019 V40)**

**Men's Supervet V50,**

**Women's Supervet (V45, from 2019 V50)**

**Men's and Women's Ultravets (v60)**

<b>Year</b>	<b>Women's V35/40</b>	<b>Men's V50</b>	<b>Women's V45/50</b>	<b>Men's V60</b>	<b>Women's V60</b>
2002	H Hoyle BA				
2003	S McHugh EH				
2004	K Woods BA				
2005	K Studd				
2006	Z Woodward EM				
2007	G Brooks LO				
2008	G Brooks LO				
2009	Z Woodward EM	P Ellis BA	C Inch OH		
2010	N Froud BA	P Ellis BA	Z Woodward EM		
2011	J Singer VP	D Brock OH	C Inch OH		
2012	K Malcolm EM	A Cunningham BA	N Froud BA		
2013	J Kent BA	A Cunningham BA	Z Woodward EM		
2014	S Bint VP	A Mason BA	Z Woodward EM		
2015	J Singer VP	K Julian OH	Z Woodward EM		
2016	J Singer VP	S Manktelow TP	S Knox BA		

2017	T McPherson EM	P Cates EM	Z Woodward EM		
2018	K Levison EL	A Cunningham BA	P Dowswell OH		
2019	J Singer VP	C Read OH	Z Woodward EM	J Black EM	J Barrow-Green VP
2020	H Rogerson OH	S Reid OH	L Gaffney LO	J Black EM	Ai Seng Paul ED
2021	C Fhoghartaigh LC	S Aiken TP	K Murphy BA	T Knightley IL	C Kennedy OH
2022	J Heymann EM	S Aiken TP	A Trauttmansdorf VP	P Crockford LH	C Inch OH

### **Under 20 Men and Women**

<b>Year</b>	<b>U20 Men's Champion</b>	<b>U20 Women's Champion</b>
2019	N Scott BA	A O'Shea DA
2020	E Lunn OH	no award
2021	no award	no award
2022	N Boase OH	M Ali LO

### **Club codes:**

BA Barnet and District AC

DA Dagenham88 Runners

ED Edmonton Running Club

EL East London Runners

EM Eton Manor AC

EN Borough of Enfield AC

EH Enfield and Haringey AC

ET East London Triathletes

HA Haringey AC

IL Ilford AC

LC London City AC

LH London Heathside AC

LO Loughton AC

MH Muswell Hill RC

OH Orion Harriers

TP Trent Park RC

VP Victoria Park Harriers and Tower Hamlets AC

WA Walthamstow AC

WG Woodford Green & Essex Ladies